



### **“Promises You Should Make When Your Business is Failing”**

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If your business is in danger of failing, you should expend some extra time and effort on the home front. Possibly you are in a business turnaround situation and trying to save the company. This will avoid bad feeling and problems in the future. Here are some promises you should make to yourself and to your family as you enter into a turnaround situation:

- Have a weekly Family Day
- Set a time limit on the turnaround
- Set a course of action should the turnaround fail

Identify a family day, or 1 day per week, usually a Saturday or Sunday, where the family spends at least the afternoon or evening together. You can go on a drive, a picnic, bowling, or participate in some other group event.

What I have found works well is to let each family member decide where the family will spend the day and rotate this decision-power between members. At the end of the month make sure to ask which of you had the best activity and get a sort of competition going.

What tends to happen is the family day turns into a sort of game and everyone is looking forward to their day of “control.” During high stress periods, this small amount of control (and hopefully a large amount of fun) may make the difference.

At a minimum, a family day will help to lower stress and bring the family members closer together physically and emotionally.